

An Observational Study on Tribal Health Care Research Programme in Ghatigaon Tribal Pocket of Gwalior District (M.P.)

G Babu,* SK Singh, Om Prakash*** and HML Meena******

Abstract:-

Tribal Health Care Research Programme was conducted in twenty two villages of Ghatigaon Tribal Pocket, Gwalior district of Madhya Pradesh state, during the period of 2002-09. The aim of survey in this division is for providing service oriented health care facilities to the tribal people and to work out appropriate strategy for health and medical facilities to Scheduled Tribe (S.T.) and Scheduled Caste (S.C.) community. In this regard the team of the Institute has been conducted door to door health survey and collected vital data constitute like personal hygiene, food habits, occupation and addiction etc. During the study it was also observed that, majority of villages are having poor sanitation, drinking water facility, transportation, health care services, health care awareness, socio-economic conditions and low literacy rate, moreover tribal people in the region are having their own customs and taboos. In this survey programme, found that the common prevalent diseases were Kasa (cough), Jwara (fever), Kandu (eczematous diseases), Vrana (wounds), Sandishula (Musculoskeletal disorders), Udarsula (abdominal pain), Pratisyaya (common cold), Kuposana (Mal nutritional diseases), Krimi (Worm infestation in children) etc. The team has put their efforts by explaining necessary preventive measures to the patients, and also found that majority of the prevailing diseases responded to the Ayurvedic treatment.

*Assitant Director In-Charge, **Research Officer (Ay.), *** Assitant Director (Ay.),****Assitant Director (Ay.),Central Research Institute, Gwalior.